

# School District of Springfield Township School Lunch Program

## General Information

The School District of Springfield Township is a participant of the National School Lunch Program (NSLP). Schools participating in the NSLP Program receive federal and state funds for each student meal served. This reimbursement makes up the difference between what the lunch costs to produce and what the student pays.

All meals served under the guidelines of the NSLP must meet the meal plan requirements and portion size for specific age groups as outlined in the program regulations. Students must be offered five food items from the four-component meal plan (milk, meat/meat alternate, bread/bread alternate, and vegetable/fruit). Students are required to choose at least three of the five required food items.

## Menu Selection

The School Nutrition Department promotes the Guidelines for Healthy Americans. The department purchases turkey hot dogs, turkey bologna, turkey salami, turkey ham, chicken or turkey taco meat, and Plevalean burgers (have a lower fat content than traditional beef items).

In addition to the daily selection of a turkey hot dog, turkey sandwich, peanut butter and jelly sandwich, and a yogurt platter, two featured entrées are listed on the menu each day. A variety of milk (two percent, skim, strawberry and low fat chocolate) and a selection of fruits, vegetables and juices are included in the lunch price. Assorted deli wraps, sandwiches, and salads are available at the middle school and high school.

**Students will be charged the a la carte price for selecting more than the five required food items or less than the minimum three food items. This mandate includes each of the reimbursable categories under the NSLP- Paid, Free and Reduced price lunches.**

## Free and Reduced Meal Benefit Information

An application is distributed to each child on the first day of school. Please complete the application and return to your child's teacher or school nutrition manager. You will be notified in writing of your eligibility status within 10 days after the application has been processed.

**If your child received a free or reduced price meal last year, the benefit will continue through to the last school day of September. An application for the current school year MUST BE COMPLETED or your child will not receive the benefit after September 30. You may submit an application any time during the school year.**

If you have any questions regarding the School Nutrition Program, please contact the School Nutrition Services Office at 233-6000, Ext. 1009 between 8:00 a.m. and 4:30 p.m.